









<p>Milk Corn Flakes Applesauce 30 Asian Tuna Burger Watermelon Milk Black Bean Hummus Corn Chips Water</p>	<p><b>Milk Potato and Bean Burrito 31</b> Tuscan Smoked Turkey and Bean Soup Corn Dinner Roll Milk Carrot Sticks Ritz Crackers Water</p>	<p><b>Milk Pancakes Oranges 1</b> Beef Goulash Broccoli Salad Milk Ham and Cheese Whole Grain Crackers Water</p> 	<p><b>Milk Cinnamon Toast Bananas 2</b> Chicken Alfredo Carrots Peas Milk Cherry Tomatoes Cheezits Water</p> 	<p><b>Milk Mixed Berries Oatmeal 3</b> Grilled Ham and Cheese Blueberries Curry Vegetables Milk Apples Sun Butter Water</p>
<p>Milk Frosted Mini Wheats 6 Oranges Meatloaf Whipped Sweet Potatoes Peas Sliced Whole Grain Bread Milk Black Bean Hummus Corn Chips Water</p>	<p>Milk Breakfast Rice &amp; Apples 7 Beef and Cheese Tacos Corn Side Salad Milk Carrot Sticks Ritz Crackers Water</p>	<p>Milk, Breakfast Burrito 8 Grilled Chicken Breast Gingered Carrots Green Beans Whole Grain Dinner Roll Milk Ham and Cheese Whole Grain Crackers Water</p>	<p>Milk Overnight Oatmeal Bars w/ 9 Mixed 5 Berries Taco Meat Baked Potato Peaches Dinner Roll Milk Cherry Tomatoes Cheezits Water</p>	<p><b>Milk Mixed Fruit Cinnamon Toast 10</b> Confetti Soup Strawberries Whole Grain Crackers Milk Apples Sun Butter Water</p>
<p>Milk Cheerios &amp; Strawberries 13 Baked Beef and Sausage Penne Carrots Green beans Milk Cheese Sticks Apple Slices Water</p>	<p>Milk Whole Grain Toast and 14 Banana Slices Chicken Sliders Peas Mixed fruit Milk Deviled eggs Oranges Water</p>	<p>Milk Applesauce Breakfast 15 Muffins Baked Beans with canned vegetarian beans Carrot sticks Watermelon Dinner roll Milk Celery Sticks Goldfish Crackers Water</p>	<p>Milk French Toast and 16 Blueberries Asian Salad Brown Rice Noodles Oranges Milk Bananas Graham Crackers Water</p>	<p>Milk Yogurt Parfait 17 Baked Turkey Baked Sweet Potatoes and Apples Garlic Bread Milk Carrot Sticks w/ranch Ritz Crackers Water</p>
<p>Milk Kix Cereal Mixed Fruit 20 Tropical Bean Soup Bread Sticks Milk Baked Pear with Oatmeal Crisp Topping Water</p> 	<p>Milk Oatmeal Peaches 21 Beef and Cheese Tacos Oranges Mixed Vegetables Mexican Rice Milk Mixed Fruit Cheezits Water</p>	<p>Milk Toast w/jelly Honeydew 22 Sweet and Sour Chicken Strawberries Milk Mango Smoothie Bowl Water</p>	<p>Milk Banana Muffins 23 Hawaiian Ham Rice Peas Milk Celery w/ranch dip Club Crackers Water</p>	<p>Milk Bagels Strawberries 24 Jerk Fish Salad Mango/Pineapples Pita Pocket Oranges Milk Yogurt Graham Crackers Water</p>
<p>Milk Frosted Mini Wheats 27 and Oranges Barbecued Turkey on a Roll Corn Broccoli Milk Vegetable Quesadilla Pineapple Chunks Water</p>	<p>Milk Breakfast Rice with Apples 28 Bean Soup Bananas Crackers Milk Fruit Salad Graham Crackers Water</p>	<p>Milk Breakfast Burrito 29 Aztec Grain Salad Grilled Chicken Milk Cucumbers Goldfish Water</p> 	<p>Milk Overnight Oatmeal Bars with 30 Mixed Berries Beef Burrito Bowl Brown Rice Milk Very Berry Yogurt Pizza Water</p>	<p>Milk Cinnamon Toast 31 Mixed Fruit Pork Roast Orange Glazed Carrots Baby Potatoes Persillade Dinner Roll Milk Cheese Sticks Ritz Crackers Water</p>

# February HELLO

<p>Milk Corn Flakes 3            Applesauce            Asian Tuna Burger            Green Beans            Pineapples            Milk            Black Bean Hummus            Corn Chips            Water</p>	<p>Milk Potato and Bean Burrito 4            Tuscan Smoked Turkey and Bean Soup            Corn            Dinner Roll            Milk            Carrot Sticks            Ritz Crackers            Water</p> 	<p>Milk Pancakes Oranges 5            Beef Goulash            Broccoli Salad            Milk            Ham and Cheese            Whole Grain Crackers            Water</p>	<p>Milk Cinnamon Toast 6            Bananas            Chicken Alfredo            Carrots            Peas            Milk            Cherry Tomatoes            Cheezits            Water</p>	<p>Milk Mixed Berries 7            Oatmeal            Grilled Ham and Cheese            Blueberries            Curry Vegetables            Milk            Apples            Sun Butter            Water</p>
<p>Milk, Cheerios 10            Strawberries            Beef Shepherd's Pie            Oranges            Whole Grain Roll            Apple Slices            Cheese Sticks            Water</p>	<p>Milk, Banana Slices 11            Whole Grain Toast            Crunchy Hawaiian Chicken Wrap            Pineapple Bits            Milk            Oranges            Deviled Eggs            Water</p>	<p>Milk Applesauce 12            Breakfast Muffins            Stir-Fry Pork Bowl            Mixed Berries            Milk            Celery Sticks            Goldfish Crackers            Water</p>	<p>Milk, Blueberries 13            French Toast            Barbecue Turkey Salad            Apple Slices            Whole Grain Dinner Roll            Milk            Bananas            Graham Crackers            Water</p>	<p>Milk, Yogurt Parfait 14            Beef and Cheese Tacos            Corn            Green Beans            Milk            Carrot Sticks W/Ranch            Ritz Crackers            Water</p>  <p><i>Valentine's Day</i></p>
<p>Milk, Oranges 17            Frosted Mini Wheats            Meatloaf            Whipped Sweet Potatoes            Peas            Sliced Whole Grain Bread            Milk            Black Bean Hummus            Pita Chips            Water</p> 	<p>Milk, Breakfast Rice w/Apples 18            Corn            Side Salad            Beef and Cheese Taco            Milk            Carrot Sticks            Ritz Crackers            Water</p>	<p>Milk, Breakfast Burrito 19            Gingered Carrots            Green Beans            Whole Grain Dinner Roll            Grilled Chicken Breast            Milk            Ham &amp; Cheese            Whole Grain Crackers            Water</p>	<p>Milk, Overnight Oatmeal 20            Bars with Mixed Berries            Baked Potato with Taco Meat            Peaches            Dinner Roll            Milk            Cherry Tomatoes            Cheezits            Water</p>	<p>Milk, Mixed Fruit 21            Cinnamon Toast            Confetti Soup            Strawberries            Whole Grain Crackers            Milk            Apples with Sun Butter            Water</p> 
<p>Milk Cheerios 24            Strawberries            Baked Beef and Sausage Penne            Carrots            Green beans            Milk            Cheese Sticks            Apple Slices            Water</p>	<p>Milk Whole Grain Toast 25            Banana Slices            Chicken Sliders            Peas            Mixed fruit            Milk            Deviled eggs            Oranges            Water</p>	<p>Milk Applesauce Breakfast 26            Muffins            Baked Beans with canned vegetarian beans            Carrot sticks            Watermelon            Dinner roll            Milk            Celery Sticks            Goldfish Crackers            Water</p> 	<p>Milk French Toast 27            Blueberries            Asian Salad            Brown Rice Noodles            Oranges            Milk            Bananas            Graham Crackers            Water</p>	<p>Milk Yogurt Parfait 28            Baked Turkey            Baked Sweet Potatoes and Apples            Garlic Bread            Milk            Carrot Sticks w/ranch            Ritz Crackers            Water</p>  