

Spring Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Pinapples	Blueberries	Orange Slices	Pears	Banana Slices
Grains/Breads	Cheerios	Whole Grain Toast	Honey Kix	Oatmeal	Whole Grain Mini Bagel
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	String Beans	Sugar Snap Peas	Potato Wedges	Peas	Mario's Meal
Fruits/Vegetables	Corn	Honeydew Melon	Cooked Spinach	Cantaloupe	Mixed Fruit
Grains/Breads	Brown Rice	Whole Grain Pasta	Rock-in-Roll-Ups	"Gobble" Up Buggers	Mario's Meal
Meats/Meat Alternates	Chuck's Cheesy Tilapia	Zesty Nuggets	Rock-in-Roll-Ups	"Gobble" Up Buggers	Mario's Meal
Snack					
Milk	*	*	*	*	*
Fruits/ Vegetables	Super Drink	Carrot Sticks	Banana Slices		Apple Wedges
Grains/Breads	*	*	Animal Crackers	Whole Grain English Muffins	Mini Rice Cakes
Meats/Meat Alternates	Super Drink	String Cheese		Yogurt	
Beverages	Water	Water	Water	Water	Water

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Strawberries	Cantaloupe	Peaches	Honeydew Melon	Kiwi
Grains/Breads	Wheat Chex	Whole Grain EnglishMuffins	Shredded Mini Wheat	Whole Grain Waffles	Rice Krispies
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Sunny Salsa	Island Fun Pasta Salad	Wizard's Stew	Green Monster Salad	Squirrel Snacks
Fruits/Vegetables	Cauliflower	Asparagus	Baked Potato	Grapes	Blueberries
Grains/Breads	Brown Rice	Island Fun Pasta Salad	Wizard's Stew	Whole Grain Roll	Squirrel Snacks
Meats/Meat Alternates	Grilled Unbreaded Fish Fillets	Baked Turkey Breast	Wizard's Stew	Green Monster Salad	Squirrel Snacks
Snacks					
Milk	*	*		*	*
Fruits/Vegetables	Applesauce	Watermelon	Bell Pepper Sticks	Carrots and Cucumbers	*
Grains/Breads	Whole Grain Crackers	Graham Crackers	*	Whole Grain Mini Bagels	Friends Trail Mix
Meats/Meat Alternates	*	*	Hard Boiled Eggs	*	Yogurt
Beverages	Water	Water	Water	Water	Water

* April 7th Teacher In- Service * April 10th Family Fun Night* April 13 Fun Run

Spring Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Orange Slices	Bananas	Pears	Strawberries	Go Bananas! Bread
Grains/Breads	Cheerios	Oatmeal	Honey Kix	Whole Grain Toast	Go Bananas! Bread
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Party Pasta	From the Garden Rice	Dragon Treats	Underwater Wheels	Old McDonald Chicken
Fruits/Vegetables	Mangos	Pineapple	Honeydew	Watermelon	Kiwi
Grains/Breads	Party Pasta	From the Garden Rice	Dragon Treats	Underwater Wheels	Whole Grain Roll
Meats/Meat Alternates	Party Pasta	Fancy Fish	Dragon Treats	Grilled Fish Fillets	Old McDonald Chicken
Snack					
Milk	*	*	*	*	*
Fruits/ Vegetables	Apple Slices	Melon Chiller	Carrot Sticks	Toasty Treats	Grapes
Grains/Breads	Muffins	Whole Grain Mini Rice	*	Toasty Treats	*
Meats/Meat Alternates	*	*	String Cheese	*	Yogurt
Beverages	Water	Water	Water	Water	Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Blueberries	Pineapples	Honeydew Melon	Mixed Fruit	Applesauce
Grains/Breads	Whole Grain Toast	Cheerios	Whole Grain Waffles	Shredded Mini Wheats	Whole Grain Pancakes
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Stoplight Chicken	Veggie Sketti	Shipwreck Pie	Way Cool Pasta Salad	Pears
Fruits/Vegetables	Snap Peas	Strawberries	Peaches	Cantaloup	Baked Potato Wedges
Grains/Breads	Stoplight Chicken	Veggie Sketti	Shipwreck Pie	Way Cool Pasta Salad	Tuna Sammies
Meats/Meat Alternates	Stoplight Chicken	Baked Turkey Breast	Shipwreck Pie	Baked Skinless Chicken	Tuna Sammies
Snacks					
Milk	*	*		*	*
Fruits/Vegetables	Fruit Towers	Bananas	Cherry Tomatoes	Carrots and Cauliflower	Karate Chopped Salad
Grains/Breads	*	Whole Grain Crackers	*	Whole Grain Mini Bagels	Whole Grain Baguette
Meats/Meat Alternates	Yogurt	*	Cheese Cubes	*	*
Beverages	Water	Water	Water	Water	Water

* May 4th Teachers Lunch * May 5th In Service* May 8th Family Fun Night* May 11th Moms Day *

May 28th SCHOOL CLOSED

Spring Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Orange Slices	Bananas	Pears	Strawberries	Go Bananas! Bread
Grains/Breads	Cheerios	Oatmeal	Honey Kix	Whole Grain Toast	Go Bananas! Bread
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Party Pasta	From the Garden Rice	Dragon Treats	Underwater Wheels	Old McDonald Chicken
Fruits/Vegetables	Mangos	Pineapple	Honeydew	Watermelon	Kiwi
Grains/Breads	Party Pasta	From the Garden Rice	Dragon Treats	Underwater Wheels	Whole Grain Roll
Meats/Meat Alternates	Party Pasta	Fancy Fish	Dragon Treats	Grilled Fish Fillets	Old McDonald Chicken
Snack					
Milk	*	*	*	*	*
Fruits/ Vegetables	Apple Slices	Melon Chiller	Carrot Sticks	Toasty Treats	Grapes
Grains/Breads	Whole Grain English Muffins	Whole Grain Mini Rice Cakes	*	Toasty Treats	*
Meats/Meat Alternates	*	*	String Cheese	*	Yogurt
Beverages	Water	Water	Water	Water	Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Blueberries	Pineapples	Honeydew Melon	Mixed Fruit	Applesauce
Grains/Breads	Whole Grain Toast	Cheerios	Whole Grain Waffles	Shredded Mini Wheats	Whole Grain Pancakes
Lunch					
Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Fruits/Vegetables	Stoplight Chicken	Veggie Sketti	Shipwreck Pie	Way Cool Pasta Salad	Pears
Fruits/Vegetables	Snap Peas	Strawberries	Peaches	Cantaloup	Baked Potato Wedges
Grains/Breads	Stoplight Chicken	Veggie Sketti	Shipwreck Pie	Way Cool Pasta Salad	Tuna Sammies
Meats/Meat Alternates	Stoplight Chicken	Baked Turkey Breast	Shipwreck Pie	Baked Skinless Chicken Breasts	Tuna Sammies
Snacks					
Milk	*	*		*	*
Fruits/Vegetables	Fruit Towers	Bananas	Cherry Tomatoes	Carrots and Cauliflower	Karate Chopped Salad
Grains/Breads	*	Whole Grain Crackers	*	Whole Grain Mini Bagels	Whole Grain Baguette
Meats/Meat Alternates	Yogurt	*	Cheese Cubes	*	*
Beverages	Water	Water	Water	Water	Water

* May 4th Teachers Lunch * May 5th In-Service * May 8th Family Fun Nights * May 11th Moms Day

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May 28th SCHOOL CLOSED